

## Process for Requesting Accommodations for Special Dietary Needs

adheres to specific USDA guidelines in providing special diet accommodations for students. In accordance with the criteria set forth in [7 CFR Part 15b](#), those students who are unable to eat the school meal due to a disability/medical need/or impairment are accommodated, at no additional charge. Dietary needs due to lifestyle and religious reasons are important to our school but not a requirement by USDA to make accommodations. Our school will try to accommodate lifestyle and religious needs through our current menu choices. Please review the following information if your child requires special diet consideration.

Per [Section 504 of the Rehabilitation Act of 1973](#), parents have a right to an evaluation of your child if the district has reason to believe that your child has a mental or physical impairment that substantially limits a major life activity, which can involve eating/digestion. You have the right to this evaluation before any plan for accommodation.

The steps in the process to request special accommodations are 1) for the parent(s)/caregiver(s) to complete the Special Dietary Needs Medical Statement form and immediately return to the school; 2) the school will review and process the request; 3) the form may be returned to parent/guardian for additional medical signatures. For example, if the substitutions needed for accommodations fall outside of the USDA meal pattern, the Medical Statement form must be signed by an authorized medical authority with prescriptive privileges in the state of Indiana, and 4) accommodations will be adjusted accordingly based on review.

### Procedural Safeguards

If the household feels accommodations are not being met, they have the right to contact the 504 Coordinator and:

- File a grievance if they believe a violation has occurred regarding the request for a reasonable modification;
- Receive a prompt and equitable resolution of the grievance;
- Request and participate in an impartial hearing to resolve their grievances;
- Be represented by counsel at the hearing;
- Examine the record; and
- Receive notice of the final decision and a procedure for review, i.e., right to appeal the hearing's decision.

### Accommodations Coordinator

- The safety of your child comes first. If you have a child with a disability/medical need or impairment, please submit your request for accommodation by completing this form and submitting to \_\_\_\_\_.
- For more information about accommodations to school meals and the meal service for students with disabilities at \_\_\_\_\_, please contact: \_\_\_\_\_.

### USDA Nondiscrimination Statement

*In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.*

*Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.*

To file a program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form](#), (AD-3027) found online at: [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

- (1) mail: U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov).

*This institution is an equal opportunity provider.*

# Special Dietary Needs Medical Statement

This school/facility participates in a federally funded Child Nutrition Program and any meals, milk, and snacks served must meet program requirements. Reasonable meal accommodations must be made when the accommodation requested is due to a disability or impairment. If you are requesting a meal accommodation or substitution, please complete and sign this form. A physician note or statement may be required. If you have any questions, please contact \_\_\_\_\_ at \_\_\_\_\_.

## Parent/Guardian:

<b>Student's Name</b>	<b>Date of Birth</b>	<b>Grade Level/Classroom</b>	<b>Name of School/Site</b>
<b>Name of Parent/Guardian</b>		<b>Phone Number of Parent/Guardian</b>	
<b>Please provide an explanation below of how the student's physical or mental impairment restricts the student's diet.</b>			
<b>Allergies and Intolerances</b>	<b>What food(s)/type(s) of foods should be omitted? Please be as specific as possible.</b>		
	<b>List foods to be substituted.</b>		
<b>Signature of Parent/Guardian</b>		<b>Date</b>	

## Medical Authority:

<b>Texture Modifications</b>	<b>The child requires foods be:</b> <input type="checkbox"/> Pureed <input type="checkbox"/> Diced/Finely Ground <input type="checkbox"/> Chopped/cut into bite-size pieces <input type="checkbox"/> Other (please specify): _____	<b>Liquids should be:</b> <input type="checkbox"/> Pudding Thick <input type="checkbox"/> Honey/Nectar Thick <input type="checkbox"/> Thinned <input type="checkbox"/> Other (please specify): _____
<b>Adaptive Eating</b>	<b>Provide an explanation of how the student's physical or mental impairment restricts the student's diet</b>	
<b>Additional Information</b>	<b>Describe any additional details for clarification such as required special adaptive equipment:</b>	
<b>Name of Physician/Medical Authority &amp; Title (please PRINT)</b>		<b>Provider Phone Number</b>
<b>Signature of Physician/Medical Authority</b>		<b>Date</b>

*Signing the following section is optional, but may prevent delays by allowing school personnel to speak with the medical authority.*

### Health Insurance Portability and Accountability Act Waiver (HIPPA)

In accordance with the provisions of the Health Insurance Portability and Accountability Act of 1996 and Family Educational Rights and Privacy Act (FERPA), I hereby authorize \_\_\_\_\_ (medical authority) to release such protected health information of my child as is necessary for the specific purpose of Special Diet information to \_\_\_\_\_ (school/program), and I consent to allow the physician/medical authority to freely exchange the information listed on this form and in their records concerning my child, with the SCHOOL PROGRAM as necessary. I understand that I may refuse to sign this authorization without impact on the eligibility of my request for a special diet for my child. I understand that permission to release this information may be rescinded at any time except when the information has already been released. My permission to release this information will expire on \_\_\_\_\_ (date). This information is to be released for the specific purpose of Special Diet information. The undersigned certifies that he/she is the parent/guardian/or representative of the person listed on this document and has the legal authority to sign on behalf of that person.

**Parent/Guardian Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

### School/Faculty Use Only:

- |   |   |
|---|---|
| <input type="checkbox"/> Form Received on _____.                        | <input type="checkbox"/> Accommodation will begin on _____.   |
| <input type="checkbox"/> Accommodations within meal pattern.            | <input type="checkbox"/> Accommodations not within meal pattern.                                    |
| <input type="checkbox"/> Form incomplete. Parent contacted on _____.    |   |
| <input type="checkbox"/> Form complete. Accommodation will not be made. | <input type="checkbox"/> Request not reasonable. <input type="checkbox"/> 504 coordinator contacted |

\_\_\_\_\_ Date

\_\_\_\_\_ Signature of Food Service Director/Contact