

Health Education Advisory Council
June 2019
Recommendations to the Rye Neck Board of Education

1	FEB Puberty Video to be viewed in Spring of 4th Grade and shown again to students in the Fall of 5th Grade.
2	The video will be shown separated by gender.
3	Students will see both videos (pertaining to each gender) starting in 5th Grade.
4	Students will participate in a post-puberty video discussion. Anonymous questions will be collected from the students following the video and discussed.
5	Good Touch/Bad Touch lesson to be taught yearly K-5.
6	Notification to be sent home to families for when the GT/BT lesson is taking place with resources to support the topic at home.
7	Health and Wellness Lessons based on the functional knowledge reflected in the New York State Guidance Document will be taught in K-5 more formally and instructional resources will be updated.
8	Update our PRIDE survey to include questions that would inform our approach to Health Education regarding sexual behaviors.
9	HIV/AIDS instruction based off of the Guidance Document to be included in conversations about healthy practices starting in 6th grade.
10	10th Grade Sex Education Unit to shift from Spring to Fall.
11	Invisible Line taught in 8th and 12th Grade to be reviewed ongoing so that it reflects current student needs and trends.
12	Parent education suggested to support Health and Wellness topics.